## Recipes from Krystal Kiser of Wilks Ranch, Eastland, Texas

### **Beef Goulash**

Ingredients:

3 to 4 cans beef broth

1 can mild Rotel

1 can whole kernel sweet corn

4 medium-sized peeled and diced potatoes

2 cups frozen green beans

2 cups dried egg noodle pasta

1 can minestrone soup

1 can ranch style beans

1 pound ground hamburger

Shredded cheese (for topping)

### **Directions:**

- **Step 1.** In a 5 to 8-quart pot, put in 3 cans of beef broth, 1 can of mild Rotel, 1 can of whole kernel sweet corn, and the peeled and diced potatoes. Bring to a boil over medium to medium-high heat. Boil for about 20 minutes or so.
- **Step 2.** While that is boiling to soften the potatoes, season and brown the ground hamburger meat in a separate skillet. Season the ground hamburger with garlic salt, onion powder, and coarse ground pepper.
- **Step 3.** Once the ground hamburger is browned, drain off the excess grease and return the meat to the skillet (Be sure to turn off the burner where you cooked the meat).
- **Step 4.** Continue to boil the pot contents until the potatoes have softened.
- **Step 5.** Add in the frozen green beans and dried egg noodle pasta and stir well. Let that cook for about 5 to 10 minutes.
- **Step 6.** Add in more beef broth if needed.
- **Step 7.** Add in the can of minestrone soup, ranch style beans, and browned hamburger meat and stir well.
- **Step 8.** Turn the temperature down on the stove to simmer heat and continue to cook for 10 minutes.
- **Step 9.** Let stand for 10 to 15 minutes prior to serving.
- **Step 10.** Add shredded cheese to the top of the served-out portions.

### Corn Casserole

# Ingredients

- 1 can creamed corn
- 1 can whole kernel sweet corn (don't forget to drain it)
- 1 box of Jiffy corn muffin mix
- 8 ounces of sour cream
- 1 stick of butter melted
- 1 cup of shredded cheddar cheese (I usually add in more because we love cheese and I prefer to shred my own cheese because it makes it creamier and more flavorful.)

**Note:** If you prefer a sweeter corn casserole, you can add up to 2 tablespoons of sugar to the mix.

## **Directions:**

- **Step 1.** Preheat oven to 350 degrees Fahrenheit.
- **Step 2.** In a large bowl, combine all ingredients except the cheddar cheese. Be sure to drain the whole kernel corn.
- **Step 3.** Pour into a greased 9x13 inch casserole dish.
- **Step 4.** Bake uncovered for 45 minutes.
- **Step 5.** Top with shredded cheddar cheese. Bake for an additional 10 to 15 minutes or until the top begins to brown.
- **Step 6.** Let stand for 5 minutes prior to serving.

# Sopapilla Cheesecake

## Ingredients:

2 cans crescent rolls (larger size)

2 packages of 8-ounce cream cheese

2 cups powdered sugar

1 teaspoon vanilla

2 cans cherry pie filling (you can use other flavors)

1 stick melted butter

sugar and cinnamon

## **Directions**

- **Step 1.** Unroll 1 can of crescent rolls and place in the bottom of a greased 9x13 inch pan.
- **Step 2.** Mix cream cheese, powdered sugar, and vanilla. Then, spread it over the top of the dough.
- **Step 3.** Pour pie filling on top of cream cheese mixture.
- **Step 4.** Top with the remaining can of crescent rolls.
- **Step 5.** Drizzle melted butter on top of dough.
- **Step 6.** Sprinkle sugar and cinnamon over the top.
- **Step 7.** Bake at 350 degrees Fahrenheit for 45 minutes or until done.